



Wellow & Plaitford Cricket Club Sun Safety Code

Dear Parent or Carer

Although it's great to get children enjoying the benefits of physical activity outdoors, they need to be protected from the harmful effects of the sun as even one incidence of sunburn can impact on the likelihood of developing melanoma when older. Further to this, we will be following guidelines from the **Outdoor Kids Sun Safety Code**.

Protecting Future Generations

As we can't do it without your help, may we kindly ask that you read the following these guidelines whilst your child attends our sessions from April to September:

1. Equip with a hat and sunglasses (to be worn when appropriate).
2. Apply SPF 30+ before your child arrives.
3. Equip with a bottle of SPF 30+ UVA/UVB sun screen (labelled with their name) so they can reapply during the day. If your child has an allergy to either the sun or sunscreen or difficulty in applying, please make a member of staff aware so that an effective sun protection plan can be agreed.
4. Supply a water bottle to ensure that children are hydrated.
5. Lead by example and explain to your children the importance of avoiding sunburn.

Please note: If your child has any individual disabilities or issues that you feel we need to take into account in relation to their ability to follow advice about sun safety or drink regularly unaided, please make a member of staff aware on arrival.

Once children are in our care we/I will be making sure that I/we:

- Provide shade wherever possible
- Ask children to re-apply sunscreen
- Ensure they understand the importance of hydration
- Lead by example and also educate on why sun protection is important

We are delighted to be working with the Myfanwy Townsend Melanoma Research Fund, the charity behind the Outdoor Kids Sun Safety Code in 2015. If you would like to find out more about the work they do, visit: www.melanoma-fund.co.uk

Thank you in advance of your support.

Kevin Murray

Welfare Officer

Go to www.oksunafetycode.com for more information on how to enjoy a healthy, active life outdoors.

This document does not attempt to constitute an authoritative legal interpretation of the provisions of any enactment, regulations or common law. That interpretation is exclusively a matter for the courts. It offers guidance from which individual teachers, coaches or other responsible adults may apply according to the particular and specific circumstances with which they meet. Responsibility remains with the teacher, coach or other responsible adult for the appropriate management of any situation in which this guidance may be applied.

*The Myfanwy Townsend Melanoma Research Fund, 6 Manor Road, East Grinstead, West Sussex RH19 1LR.
www.melanoma-fund.co.uk Registered Charity 1085969*



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